

GLUTEN FRIENDLY MENU

STANLEY'S BAR & GRILL

NIBBLES

GARLIC AND HERB MARINATED OLIVES 175 kcals
4.95 V VE

BABA GHANOUSH AND GLUTEN FREE BREAD 545 kcals
5 V

IN THE BEGINNING

HOMEMADE SOUP OF THE DAY
528 kcals
Gluten free bread, farm butter
8.95 V

GRILLED SARDINES
383 kcals
Fennel and orange salad, capers
11

WHIPPED GOATS CHEESE SALAD
270 kcals
Dressed salad, pickled celery
9.5 V

BLUE CHEESE SALAD 440 kcals
Watercress and caramelised fig,
lemon honey dressing
9.5 V

CHARCUTERIE PLATTER 236 kcals
Trio of Italian cured meats, balsamic onion,
toasted gluten free bread
10.5

THE MAIN EVENT

HALF ROAST CHICKEN 2453 kcals
French style peas, smoked pancetta,
creamed potato
19.5

**MERGUEZ LAMB SAUSAGE
AND MASH** 1647 kcals
Garden peas, minted jus
18.5

AUBERGINE CANNELLONI 537 kcals
Tomato ragu, gluten free garlic
crostini, vegetarian parmesan
17.5 V

HERB STUFFED SALMON FILLET 1291 kcals
Creamy sweetcorn and root vegetable chowder,
sauteéd potato, dill oil
21

PAN FRIED COLEY FILLET 1032 kcals
Creamed leek, garlic king prawn, parmentier potato
22

PASTA SELECTION *All pastas are gluten free*

SPAGHETTI ALLA PUTTANESCA
851 kcals
Pickled chilli, capers, black olives,
oregano
17.95 V

NDUJA TAGLIATELLE
1189 kcals
Red pepper and tomato ragu,
mascarpone
19.95

PENNE ARRABIATA
896 kcals
Spicy tomato sauce, pickled chilli,
basil crisps
16.5 V

PLANT BASED AND MEAT FREE SELECTION

All V VE

PENNE PASTA
1236 kcals
Spicy meatballs, tomato
ragu, basil crisps
19.5

SAUSAGE AND MASH
626 kcals
Onion gravy, grain
mustard mash
19.5

CHICKEN AND PANCETTA
426 kcals
Petit ratatouille, watercress,
aged balsamic
18.5

GRILLED KOFTA KEBAB
636 kcals
Baba ghanoush, gluten free
bread, minted yoghurt,
dressed salad
18

TITANIC BUTCHERS BLOCK

All Steaks are British Herd and dry aged, served with red onion jam, confit tomato, skin on fries

8oz RIBEYE STEAK
1039 kcals
33

8oz SIRLOIN STEAK
833 kcals
34

16oz T-BONE STEAK
1089 kcals
45

SURF AND TURF 1531 kcals
Two 6 oz fillet steak, one grilled
lobster with garlic butter
105 For 2 people.

ADD grilled half lobster tale with garlic butter for 18.50 90 kcals

SAUCES

All 4.5

**THREE PEPPER AND
BRANDY SAUCE**
375 kcals

RED WINE JUS
94 kcals

BLUE CHEESE SAUCE
709 kcals V

GARLIC BUTTER
274 kcals V

ON THE SIDE

All 5 V

SKIN ON FRIES 641 kcals
TENDER STEM BROCCOLI 146 kcals

TITANIC GARDEN SALAD 99 kcals VE
MINTED GARDEN PEAS 209 kcals

MASH POTATO 1092 kcals
HONEY GLAZED CARROTS 155 kcals

TO FINISH

All 9 V

CHOCOLATE & COCONUT BROWNIE 487 kcals VE
Raspberry sorbet, fresh berries

LEMON AND RASPBERRY DRIZZLE CAKE 496 kcals VE
Lemon sorbet, berry coulis

CHOCOLATE ORANGE FUDGE CAKE 501 kcals VE
Chocolate sauce

SELECTION OF ICE CREAM AND SORBET 545 kcals
3 scoops of ice cream, ask your server for available flavours

DINNER
THEN DUVET



VE Dishes suitable for Vegan

V Dishes suitable for Vegetarian

All information on ingredients which may cause allergy or intolerance can be found by scanning the above QR code. If you have a food allergy, it will be helpful to us if you could inform staff so we can ensure that the dish you select is not at risk of cross contamination by other foods during its preparation and service.
A discretionary 10% service charge will be added to your bill.

HOTEL SELECTION

WHITE WINES				RED WINES			
	Bottle	175ml	250ml		Bottle	175ml	250ml
SAUVIGNON BLANC	26	6.25	9	MERLOT	26	6.5	9
AFRIKAN RIDGE (South Africa)				ALTITUDES RESERVA (Chile)			
PINOT GRIGIO	28	8	9.5	RIOJA	27		
COLLI VICENTINI (Italy)				MARQUES DE MORANO (Spain)			
GEWURZTRAMINER	29			MALBEC	28	7.5	9.5
BERGSIG ESTATE (South Africa)				LA BONITA (Argentina)			
CHARDONNAY	29	8.5	10.5	SHIRAZ	28	7.5	9.5
BERRI ESTATE (Australia)				EXPLORERS LIMESTONE COAST (Australia)			
BLANC SAUVIGNON	30			CABERNET SAUVIGNON	33		
CÔTÉ MAS VERMENLINO (France)				ERRAZURIZ 1870 (Chile)			
VIOGNIER	33			PINOT NOIR	34	8.5	10.5
LA FORGE (France)				DOMAINE FERRANDIERE (France)			
RIOJA BLANCO	34	8.5	11.5	COTES DU RHONE	35		
BODEGAS UGARTE (Spain)				LES VIOLETTES (France)			
PINOT GRIGIO	34			PINOT NOIR	35		
TORRE DEI VESCOVI (Italy)				LA FORGE ESTATE (France)			
SAUVIGNON BLANC PENNY LANE	37			GARNACHA RIOJA	35		
MALBOROUGH (New Zealand)				VINE ROOTS OLD VINE (Spain)			
ALBARINO VEIGA NAUM (Spain)	39			PINOTAGE	37		
GAVI DI GAVI	47			BERGSIG (South Africa)			
TOLEDANA (Italy)				CARMENERE	43		
RIESLING DOMAINES SCHLUMBERGER	50			VALLE SECRETO (Chile)			
PRINCE ABBÈS (France)				MERELUST (South Africa)	55		
SANCERRE LES COLLINETTES	55			CHATEAU GRAND PEYROU	59		
JOSEPH MELLOT (France)				ST EMILION GR.CRU (France)			
				MALBEC CHAC CHAC (Argentina)	65		
				LAS PERDICES			

CAPTAINS TABLE

WHITE WINES		Bottle	RED WINES		Bottle
MALBEC BLANC LAS PERDICES (Argentina)	60		BAROLO	75	
CHABLIS 1er CRU MONTMAINS	75		CASALI DEL BARONE (Italy)		
DOMAINE FILLON (France)			JOSE ZUCCARDI MALBEC (Argentina)	80	
CHATEAUNEUF-DU-PAPE BLANC	89		AMARONE DELLA VALPOLICELLA	110	
BASTIDE ST DOMINIQUE (France)			BOTTEGA (Italy)		

DIRECTORS SELECTION

WHITE WINES		Bottle	RED WINES		Bottle
MEURSAULT	150		NUITS-ST-GEORGE	170	
DOMAINE CHALET (France)			DOMAINE PERRAULT (France)		
ICAUNA CHABLIS PREMIER CRU (France)	170		GEVREY CHAMBERTIN	180	
CHASSANGE MONTRACHET	180		DOMAINE PERRAULT (France)		
DOMAINE C.FERRERI (France)			CHATEAU KIRWAN (France)	195	
			CHATEAU TALBOT (France)	250	
ROSE WINE					
AIX PROVENCE ROSE (France)	65				

ROSÉ

	Bottle	175ml	250ml		Bottle
PINOT GRIGIO BLUSH ALPINO (Italy)	26	6.25	9	PROVENCE ROSE	45
ZINFANDEL ROSE WICKED LADY (USA)	27	8	10	CUVEE CONSTANCE (France)	

DESSERT WINE

	37.5cl	125ml		37.5cl
SAUVIGNON BLANC LATE HARVEST (Chile)	20	7.5	CHATEAU LAURIGA HORS D'AGE (France)	28

SPARKLING WINE

	Bottle	125ml	Magnum		Bottle	125ml
ROMEO PROSECCO (Italy)	30	7	60	JULIET ROSÉ PROSECCO (Italy)	32	7

0% WINE

	200ml Bottle		200ml Bottle
PIERRE ZERO STILL CHARDONNAY	8	PIERRE ZERO SPARKLING CHARDONNAY	8.5
PIERRE ZERO STILL MERLOT	8	PIERRE ZERO SPARKLING ROSE	8.5
PIERRE ZERO STILL ROSE	8	PIERRE ZERO SPARKLING SPRITZ	8.5

CHAMPAGNE

	Bottle	37.5cl	125ml	Magnum
LANSON PERE ET FILS BRUT NV (France)	90	50	14	175
LANSON LE ROSÉ CRÉATION NV (France)	110	55	15	200
LANSON BRUT WHITE LABEL SEC NV (France)	110			
LANSON LE BLACK RÉSERVE BRUT NV (France)	120			
LANSON LE VINTAGE 2013 (France)	150			
LANSON LE GREEN BIO ORGANIC (France)	140			
LANSON LE BLANC DE BLANCS BRUT NV (France)	145			
LANSON NOBLE BRUT (France)	170			
LANSON NOBLE BLANC (France)	180			
DOM PERIGNON (France)	350			
LOUIS ROEDERER CRISTAL (France)	380			

* 125ml Glasses Of All House Wines Are Available On Request. Prices Will Vary
A discretionary 10% service charge will be added to your bill.